

celebrating  
**10** years!

# FOUNDERS FORUM

VOLUME X ISSUE 3

MARCH 2012



## FOUNDERS HALL

*A Donor-Supported Education and Recreation Center for Individuals Age 60 and Older*

193 Danbury Road, Ridgefield, CT 06877

(203) 431-7000 FAX: (203) 431-7001

Monday - Friday 8:30 am - 4:30 pm

E-mail: [foundershall@founders-hall.org](mailto:foundershall@founders-hall.org)

Facebook: Founders Hall Ridgefield

Web: [www.founders-hall.org](http://www.founders-hall.org)

### MARCH HIGHLIGHTS

March 1	O.W.L.S. RVNA Blood Pressure Screening	10 am noon
March 2	Trip: Metropolitan Museum	8:30 am
March 8	Book Discussion: <i>The Immortal Life of Henrietta Lacks</i>	2:30 pm
March 9	Seminar: Medicare Part C <i>presented by Filosa/Hancock Hall</i> Game Show Tea	11 am 2 pm
March 12	Trip: Mohegan Sun New Member Coffee Spring Semester Registration Due	8 am 10 am 4:30 pm
March 22	Wine Tasting	6:30 - 8:30 pm
March 25	Anniversary Open House <i>sponsored by Fairfield County Bank</i>	2 - 4 pm
March 26	Spring Semester Begins	

## MESSAGE FROM GRACE

Ten years is a lot to celebrate! The special events marking the anniversary begin with our Open House on Sunday, March 25. We are pleased to welcome the community to see what the past ten years have meant to so many. Come celebrate with fellow members, family and friends.

Other great events to note are the March 9 presentation on Medicare by Sherri Freitas and Penny Lanigan of Filosa/Hancock Hall. Once those questions are answered, join the Game Show Tea where Lisa will be asking the questions.

Our annual Wine Tasting event is scheduled for Thursday, March 22. You won't want to miss great wines from the past decade.

I've recently heard a few questions about the status of Founders Hall as we celebrate 10 years. Founders Hall is managed by a nine-person Board of Directors. Founders Hall Foundation, Inc. owns the building and all the furnishings; there is no mortgage. The Town of Ridgefield owns the land on which Founders Hall resides. The original lease with the Town of Ridgefield stipulated that the Board would run Founders Hall for ten years with an option to extend that for ten additional years. In 2007, the Board of Directors agreed to run it at least through 2022 with the option for future extensions. With continued financial support from generous people like you, the Foundation will run Founders Hall for generations to come. If the Board were ever to decide to no longer run Founders Hall, the building and furnishings would revert to the Town of Ridgefield.

Remember to turn in your Spring Semester registrations by 4:30pm on March 12. Hurrah for spring!

### Seminar *Medicare Part C*

**Fri., March 9  
11 am**

Having trouble navigating the Medicare maze? Learn the differences among traditional Medicare, Medicare Advantage HMO plans (Part C) and MediGap policies. Not all plans are created equal!

presented by



Hancock Hall  
Filosa for Nursing and Rehabilitation



**Spring Semester  
registration is due by 4:30  
pm on Monday, March 12.**

### New Member Coffee

**Mon., March 12  
10 am**



**Meet staff  
Make friends  
Get involved!**

### Volunteer Afternoon Tea *"A Proper Thank You!"*

In appreciation of our wonderful volunteers, we will host a formal afternoon tea in April. This traditional English Tea will feature a selection of savory sandwiches and sweet treats.

If you have completed ten or more hours of volunteer service in 2011, you'll be receiving an invitation in late-March. See Lisa Corso if you do not receive your invitation.

We would love to have you attend!



## Game Show Tea

Fri., March 9

2 - 3:30 pm

*“Who wants to be a Millionaire?”*

Please see Lisa to be a contestant!



## Open House

Sun., March 25

2 - 4 pm

celebrating  
**10**  
years!

Bring your family and friends  
to celebrate!

*Activities*  
*Art Exhibit*  
*Roundtable Discussion*  
*Cake & Coffee*



## Wine Tasting

Thurs., March 22

6:30 - 8:30 pm



Wines from Cellar XV

*(including a few selections from 2002 for our  
10<sup>th</sup> anniversary!)*

Hors d'oeuvres, Raffle baskets

Cost: \$5/\$6 nr

Please sign up at the front desk by March 13

## Hoedown!



Brush off them thar hats and shine  
yer boots 'cuz we're having another  
FUNdraisin', foot-stomp'n hoedown. We'll  
be much obliged if you join us  
Thursday, May 3, aroun' sundown.  
The Pony Express will bring more details  
next month.

Yee Haw!



# MARCH CALENDAR

**THURSDAY, MARCH 1**

8:30 Genealogy Book  
 8:30 Yoga Section 1  
 9:00 Open Art Studio  
 9:30 Aquacize  
 9:30 Piano Adv Beginner  
 9:45 Yoga Section 2  
 10:00 Italian Cont Beginner 3  
 10:00 Mah Jongg  
 10:30 Genealogy Advanced 1  
 10:30 OWLS  
 11:00 Piano Intermed Beginner  
 11:00 Yoga Seated  
 12:00 Needlework Group  
 12:00 RVNA BP Screening  
 12:00 Tai Chi Intermediate  
 12:15 Piano Beginner  
 12:30 Genealogy Advanced 2  
 1:00 French Connection  
 2:00 Watercolor Advanced  
 2:30 Genealogy Adv Beginner  
 2:30 Pinochle  
 2:30 Zumba Gold

**FRIDAY, MARCH 2**

8:30 Aerobics Section 1  
**8:30 Metropolitan Museum**  
 8:30 Tai Chi Beginner  
 9:15 Tai Chi Adv Beginner  
 9:20 Aerobics Section 2  
 9:30 Founders Hall Band  
 10:00 Duplicate Bridge  
 10:00 Open Computer Lab  
 10:00 Watercolor Beginner  
 10:10 Aerobics Section 3  
 10:30 Spanish Cont Intermediate  
 11:05 Strength & Balance 1  
 12:05 Strength & Balance Beg  
 1:00 Bingo  
 1:00 Watercolor Intermediate  
 1:05 Strength & Balance 2  
 1:15 Pickleball  
 2:00 Line Dancing  
 2:00 Movie: Midnight in Paris

**MONDAY, MARCH 5**

8:30 Aerobics Section 1  
 8:30 Tai Chi Beginner  
 9:15 Tai Chi Adv Beginner  
 9:20 Aerobics Section 2  
 10:00 Duplicate Bridge  
 10:00 Italian Cont Beginner 4  
 10:10 Aerobics Section 3  
 10:30 Great Decisions  
 11:00 I Can Draw  
 11:05 Strength & Balance 1  
 12:05 Strength & Balance Beg  
 12:30 Founders Hall Singers  
 1:00 Computer Intro  
 1:00 Writing Workshop  
 1:05 Strength & Balance 2  
 1:30 Woodcarving Group  
 2:00 Drawing Basics/ Faces  
 2:00 Movie: Cast Away  
 2:15 Stretch And Flex  
 3:30 Core

**Book Discussion***The Immortal Life of Henrietta Lacks*

by Rebecca Skloot

Thursday, March 8

2:30 pm

**TUESDAY, MARCH 6**

8:30 Yoga Section 1  
 9:30 Aquacize  
 9:30 Drawing Faces Etc.  
 9:45 Yoga Section 2  
 10:00 Bridge Assisted Play  
 10:00 Investments Discussion  
 10:00 Quilt or Sew  
 10:30 Art Of Writing  
 11:00 Yoga Seated  
 12:00 Tai Chi Intermediate  
 12:15 Knit And Crochet  
 12:30 Adventures In Pencil 1  
 1:00 Tap Dance Intermediate  
 1:15 Basketball For Fun  
 2:00 Quilting Group  
 2:30 Adventures In Pencil 2

**WEDNESDAY, MARCH 7**

8:30 Aerobics Section 1  
 8:30 Tai Chi Intro Workshop  
 9:20 Aerobics Section 2  
 10:00 Bridge Advanced  
 10:00 Current Events  
 10:10 Aerobics Section 3  
 11:05 Strength & Balance 1  
 12:05 Strength & Balance Beg  
 12:15 Bridge Intermediate  
 12:30 Great Books  
 1:00 Oil Painting  
 1:00 Spanish Conversation  
 1:05 Strength & Balance 2  
 1:30 Rughooking Group  
 2:15 Stretch And Flex  
 2:30 Mexican Train Dominoes  
 3:00 Oil Painting Section 2  
 3:15 History: Saratoga  
 3:30 Core

**THURSDAY, MARCH 8**

8:30 Yoga Section 1  
 9:00 Open Art Studio  
 9:30 Aquacize  
 9:30 Piano Adv Beginner  
 9:45 Yoga Section 2  
 10:00 Italian Cont Beginner 3  
 10:00 Mah Jongg  
 11:00 Piano Intermed Beginner  
 11:00 Yoga Seated  
 12:00 Needlework Group  
 12:00 Tai Chi Intermediate  
 12:15 Piano Beginner  
 1:00 French Connection  
 2:30 Book Discussion: The Immortal Life Of Henrietta Lacks  
 2:30 Pinochle  
 2:30 Zumba Gold

**FRIDAY, MARCH 9**

8:30 Aerobics Section 1  
 8:30 Tai Chi Beginner  
 9:15 Tai Chi Adv Beginner  
 9:20 Aerobics Section 2  
 9:30 Founders Hall Band  
 10:00 Duplicate Bridge  
 10:00 Open Computer Lab  
 10:00 Watercolor Beginner  
 10:10 Aerobics Section 3  
 10:30 Spanish Cont Intermediate  
**11:00 Seminar: Medicare Part C**  
 11:05 Strength & Balance 1  
 12:05 Strength & Balance Beg  
 1:00 Watercolor Intermediate  
 1:05 Strength & Balance 2  
 1:15 Pickleball  
**2:00 Game Show Tea**  
 2:00 Line Dancing

**Daylight Savings  
 Time begins on  
 Sun., March 11**

**MONDAY, MARCH 12**

**8:00 Mohegan Sun Casino**  
 8:30 Aerobics Section 1  
 8:30 Tai Chi Beginner  
 9:15 Tai Chi Adv Beginner  
 9:20 Aerobics Section 2  
 10:00 Duplicate Bridge  
**10:00 New Member Coffee**  
 10:10 Aerobics Section 3  
 11:00 I Can Draw  
 11:05 Strength & Balance 1  
 12:05 Strength & Balance Beg  
 12:30 Founders Hall Singers  
 1:00 Computer Intro  
 1:00 Writing Workshop  
 1:05 Strength & Balance 2  
 1:30 Woodcarving Group  
 2:00 Drawing Basics/ Faces  
 2:00 Movie: Bend it like Beckham  
 2:15 Stretch And Flex  
 3:30 Core  
**4:30 Spring Semester  
 Registration Due**

**TUESDAY, MARCH 13**

8:30 Yoga Section 1  
 9:30 Aquacize  
 9:45 Yoga Section 2  
 11:00 Yoga Seated  
 12:00 Tai Chi Intermediate

**WEDNESDAY, MARCH 14**

8:30 Aerobics Section 1  
 8:30 Tai Chi Intro Workshop  
 9:20 Aerobics Section 2  
 10:00 DigSig Group  
 10:10 Aerobics Section 3  
 11:05 Strength & Balance 1  
 12:05 Strength & Balance Beg  
 1:05 Strength & Balance 2  
 2:15 Stretch And Flex  
 2:30 Mexican Train Dominoes  
 3:30 Core

**THURSDAY, MARCH 15**

8:30 Yoga Section 1  
 9:30 Aquacize  
 9:45 Yoga Section 2  
 10:00 Mah Jongg  
 11:00 Yoga Seated  
 12:00 Tai Chi Intermediate  
 2:30 Pinochle

**FRIDAY, MARCH 16**

8:30 Aerobics Section 1  
 8:30 Tai Chi Beginner  
 9:15 Tai Chi Adv Beginner  
 9:20 Aerobics Section 2  
 10:10 Aerobics Section 3  
 11:05 Strength & Balance 1  
 12:05 Strength & Balance Beg  
 1:00 Bingo  
 1:05 Strength & Balance 2  
 2:00 Movie: Moneyball

**MONDAY, MARCH 19**

8:30 Aerobics Section 1  
 8:30 Tai Chi Beginner  
 9:15 Tai Chi Adv Beginner  
 9:20 Aerobics Section 2  
 10:10 Aerobics Section 3  
 11:05 Strength & Balance 1  
 12:05 Strength & Balance Beg  
 1:05 Strength & Balance 2  
 2:00 Movie: It's Complicated  
 2:15 Stretch And Flex  
 3:30 Core

**TUESDAY, MARCH 20**

8:30 Yoga Section 1  
 9:30 Aquacize  
 9:45 Yoga Section 2  
 11:00 Yoga Seated  
 12:00 Tai Chi Intermediate

**WEDNESDAY, MARCH 21**

8:30 Aerobics Section 1  
 8:30 Tai Chi Intro Workshop  
 9:20 Aerobics Section 2  
 10:10 Aerobics Section 3  
 11:05 Strength & Balance 1  
 12:05 Strength & Balance Beg  
 1:05 Strength & Balance 2  
 2:15 Stretch And Flex  
 2:30 Mexican Train Dominoes  
 3:30 Core

**THURSDAY, MARCH 22**

8:30 Yoga Section 1  
 9:30 Aquacize  
 9:45 Yoga Section 2  
 10:00 Mah Jongg  
 11:00 Yoga Seated  
 12:00 Tai Chi Intermediate  
 2:30 Pinochle  
**6:30 Wine Tasting**

**HAPPY ST. PATRICK'S DAY**

# MARCH CALENDAR

**FRIDAY, MARCH 23**

8:30 Aerobics Section 1  
 8:30 Tai Chi Beginner  
 9:15 Tai Chi Adv Beginner  
 9:20 Aerobics Section 2  
 10:10 Aerobics Section 3  
 11:05 Strength & Balance 1  
 12:05 Strength & Balance Beg  
 1:00 Bingo  
 1:05 Strength & Balance 2  
 2:00 Movie: My Big Fat Greek Wedding

**SUNDAY, MARCH 25**

2:00 **Anniversary Open House**

celebrating  
10  
 years!

**TUESDAY, MARCH 27**

8:30 Yoga Section 1  
 9:30 Aquacize  
 9:30 Computer Level 2  
 9:45 Yoga Section 2  
 10:00 Bridge Assisted Play  
 10:00 Investments Discussion  
 10:00 Quilt or Sew  
 10:30 Art Of Writing  
 11:00 Yoga Seated  
 11:30 Genealogy Beginner  
 12:00 Tai Chi Intermediate  
 12:15 Knit And Crochet  
 1:00 Tap Dance Intermediate  
 1:30 Photoshop 8 Advanced  
 2:00 Quilting Group  
 2:00 Tap Dance Beginning  
 3:00 Photoshop Elements 8 Beg

**THURSDAY, MARCH 29**

8:30 Genealogy Book  
 8:30 Yoga Section 1  
 9:00 Open Art Studio  
 9:30 Aquacize  
 9:30 Piano Adv Beginner  
 9:45 Yoga Section 2  
 10:00 Italian Cont Beginner 3  
 10:00 Mah Jongg  
 10:30 Genealogy Advanced 1  
 11:00 Piano Intermed Beginner  
 11:00 Yoga Seated  
 12:00 Needlework Group  
 12:00 Tai Chi Intermediate  
 12:15 Piano Beginner  
 12:30 Genealogy Advanced 2  
 2:00 Watercolor Advanced  
 2:30 Genealogy Intermed  
 2:30 Pinochle  
 2:30 Zumba Gold

**MONDAY, MARCH 26**

8:30 Aerobics Section 1  
 8:30 Tai Chi Beginner  
 9:15 Tai Chi Adv Beginner  
 9:20 Aerobics Section 2  
 10:00 Duplicate Bridge  
 10:00 Italian Cont Beginner 4  
 10:10 Aerobics Section 3  
 10:30 Practical Ethics  
 11:05 Strength & Balance 1  
 12:05 Strength & Balance Beg  
 12:30 Founders Hall Singers  
 1:00 Computer Intro  
 1:00 Writing Workshop  
 1:05 Strength & Balance 2  
 1:30 Woodcarving Group  
 2:00 Movie: Unstoppable  
 2:15 Stretch And Flex  
 3:30 Core

**WEDNESDAY, MARCH 28**

8:30 Aerobics Section 1  
 8:30 Tai Chi Intro Workshop  
 9:20 Aerobics Section 2  
 10:00 Bridge Bidding  
 10:00 Current Events  
 10:10 Aerobics Section 3  
 10:30 All Things Venetian  
 11:05 Strength & Balance 1  
 12:05 Strength & Balance Beg  
 12:15 Bridge Defense  
 12:30 Great Books  
 1:00 Oil Painting  
 1:00 Spanish Conversation  
 1:05 Strength & Balance 2  
 1:15 All Things Venetian 2  
 1:30 Rughooking Group  
 2:15 Stretch And Flex  
 2:30 Mexican Train Dominoes  
 3:00 Oil Painting Section 2  
 3:15 History: Truman  
 3:30 Core

**FRIDAY, MARCH 30**

8:30 Aerobics Section 1  
 8:30 Tai Chi Beginner  
 9:15 Tai Chi Adv Beginner  
 9:20 Aerobics Section 2  
 9:30 Founders Hall Band  
 10:00 Duplicate Bridge  
 10:00 Open Computer Lab  
 10:00 Watercolor Beginner  
 10:10 Aerobics Section 3  
 10:30 Spanish Cont Intermediate  
 11:05 Strength & Balance 1  
 12:05 Strength & Balance Beg  
 1:00 Bingo  
 1:00 Watercolor Intermediate  
 1:05 Strength & Balance 2  
 1:15 Pickleball  
 2:00 Line Dancing  
 2:00 Movie: The First Grader

## MARCH AT THE MOVIES

### Fri., March 2 2pm **Midnight in Paris**

In this romantic comedy by legendary director Woody Allen, an idealistic man with a romanticized view of Paris finds that there's plenty of truth to that old adage about the grass being greener on the other side. 94 mins. PG13

### Mon., March 5 2pm **Cast Away**

After a FedEx systems engineer's plane (Tom Hanks) crashes in the Pacific Ocean, he finds himself fighting to survive on a deserted island with nothing but a painted volleyball for company. 143 mins. PG13

### Mon., March 12 2pm **Bend It Like Beckham**

An independent-minded young woman discovers the joys of soccer, much to her family's chagrin, in this upbeat British comedy/drama. 112 mins. PG13

### Fri., March 16 2pm **Moneyball**

An all-star cast brings to life the true story of Billy Beane, a former jock turned general manager who uses unconventional methods to bring the best players to the Oakland A's. 133 mins. PG13

### Mon., March 19 2pm **It's Complicated**

A divorced mother (Meryl Streep) becomes "the other woman" in her ex-husband's (Alec Baldwin) life when the pair enters into an unexpected affair during an out-of-town trip. 122 mins. R

### Fri., March 23 2pm **My Big Fat Greek Wedding**

A single Greek woman falls in love with a non-Greek, which is a no-no for members of her strict family whose Greek pride knows no bounds. 95 mins. PG

### Mon., March 26 2pm **Unstoppable**

It's a nail-biting race against time as an unmanned train carrying a load of lethal chemicals speeds out of control, and a conductor and engineer do everything in their power to keep it from derailing and killing tens of thousands of people. 98 mins. PG

### Fri., March 30 2pm **The First Grader**

Based on a true story, this inspirational drama profiles the amazing determination of an 84-year-old Kenyan who wants to take advantage of a new universal education decree by learning how to read. 103 mins. PG13

## LET'S PLAY

Get together to play the following games:

**Bingo** Fridays 1:00-3:00 pm  
March 2, 16, 23, 30

**Mah Jongg** Thursdays 10:00 am-12:00 pm  
March 1, 8, 15, 22, 29

**Mexican Train Dominoes** Wednesdays 2:30-4:30 pm  
March 7, 14, 21, 28

**Pinochle** Thursdays 2:30-4:30 pm  
March 1, 8, 15, 22, 29

## WELCOME TO OUR NEWEST MEMBERS AS OF FEBRUARY 10<sup>TH</sup>

Frances Britt	Pat MacLeod
Cathy Costa	Mary McInerney
Mary Jo Costabile	Luba Molnar
Harry Dayton	Jay Morrison
Carmine De Young	Mary Morrison
Edna Fischer	Richard Pilbrow
Albert Fischer	Herbert Rosenberg
Mary Gelfman	Scott Russell
Herbert Green	Claude Sanz
Kevin Lally	Maureen Sanz
Linda Lavelle	Nancy Vilece
Robert Lavelle	Jonathan Watson



*We gratefully acknowledge  
The Cutting Board for  
sponsoring our movies.*

## Thank you to all our donors from January 16 to February 14, 2012

Kay Ables	Ms. Hope Heller	Ann Principi
Anonymous	Mrs. Ruth I. Holzthum	Nancy Quain
Joel R. Anyan	Jean Brennan Horend	Vittoria Ricatti
Linda and Sam Bloch	Emelie Howard	Frank and Donna Ruccia
Lee V. Blum	Lorraine L. Hoyt	Rhodie and Herb Rudolph
Nancy and Larry Bossidy	Craig Johnson	Kazimierz Rzezczynski
William and Doris Bosworth	Mr. and Mrs. William Jordan Jr.	Tad and Priscilla Sanford
Pearl and Nelson Broms	Mary Kaletta	Florence Sarath
Steven Bronfield	Michael and Barbara Kaplan	Marsha and Vincent Savino
Joan Bubert	Arline and Robert Kimerling	Barbara Schlitz
Jo Ann and Michael Cali	Jane Knox	Liz Otto and Jack Schmidt
Rosemary Cannon	Bunny and Frank Lancaster	Arlene Schofield and Lasker Harris
Sally and Ping Chow	Joyce and Dante Ligi	Anthony and Irene Scisenti
Jim and Giselle Christiano	Anita and Norman Lindsey	David Scott
Erin Cohen	Bob and Pam Lowell	Phyllis and Eric Setterstrom
Valerie M. Cosgrove	Sandy Lutzker	Marcia and Gordon Sloat
Mary M. Costa	Geraldine MacManus	Dinah M. Sours
John and Elaine Couri	Dolores MacNeill	Edie Stafford
Deanna and Joe Cunningham	Marie and Frank Madden	Margo Stalega
Dalony Cutting	Andrea Maiorano	James R. Steiger, Jr.
Beatrice Davies	Patti and Tom Maloney	Marjorie Tango
Ralph and Maria DeLucia	Bill and Toni McKeen	Dr. Barbara Tansky
Barbara and Jerry Dineen	Dewey and Paul McNamara	Joel and Bettie Jane Third
Rosalie Ferrillo	C. Molyneux	Rosalind Till
Lee and Brenda Finkel	Sally Morin	Carmela Tripi
Dr. John and Beulah Fisher	Ray and Helen Morse	Jim and Nancy Ullom
Jack Frost	Jim and Lynn Mullen	Susan Umansky
Vern and Fay Gaudet	Marjorie Nolan	Kriszta and John Venczel
The Gutman Family	Michael and Barbara Orenstein	Veronica and Vincent Viggiano
Stephen P. Haber	Beverly and Bill Osgood	Alayne Vlachos
Carolyn G. Harriman	Fran Palazzo	Don and Jayme Wilkinson
Carolyn C. Hartigan	Francis and Joan Panno	Dorothy A. Wright
Bonnie and Michael Heft	Tina Phillips	Adriana Ippoliti Zandri

### Smile!



Members often ask what we do with all the photos we take. Here's where you can find them:

**www.founders-hall.org:** We post new pictures on our website at the end of each semester.

**Facebook:** After many events, we upload photos to our Facebook page, *Founders Hall Ridgefield*. You can post your photos there, too.

**Digital photo frame** in the front hall: Just ask Sarah or Sandy to turn it on.

**Founders Forum** : When there's room, which isn't often.

Hope that helps!